

6 REASONS TO SAY NO TO FGM/C



1

There is no medical benefit to FGM/C. It is an unnecessary harmful practice that many countries are abandoning.

2

Even a small prick can cause significant pain; newborns and infants experience pain intensely but cannot express it verbally.

3

Cutting and pricking breaks the skin, which can lead to infections, bleeding, serious illnesses and chronic pain. It may have lasting effects on sexual and reproductive health later in life.

4

FGM/C perpetuates discriminatory and harmful social and gender norms that violate girls' and women's bodily autonomy and integrity.

5

No religious texts support the practice of FGM/C, and many religious bodies do not endorse this practice.

6

This practice teaches women and girls that their bodies can be harmed in the name of tradition, culture or beliefs, which can impact their trust, emotional wellbeing and self-esteem.